



Usui System of Natural Healing School of Reiki

A Division of QiSsage Body Systems, LLC

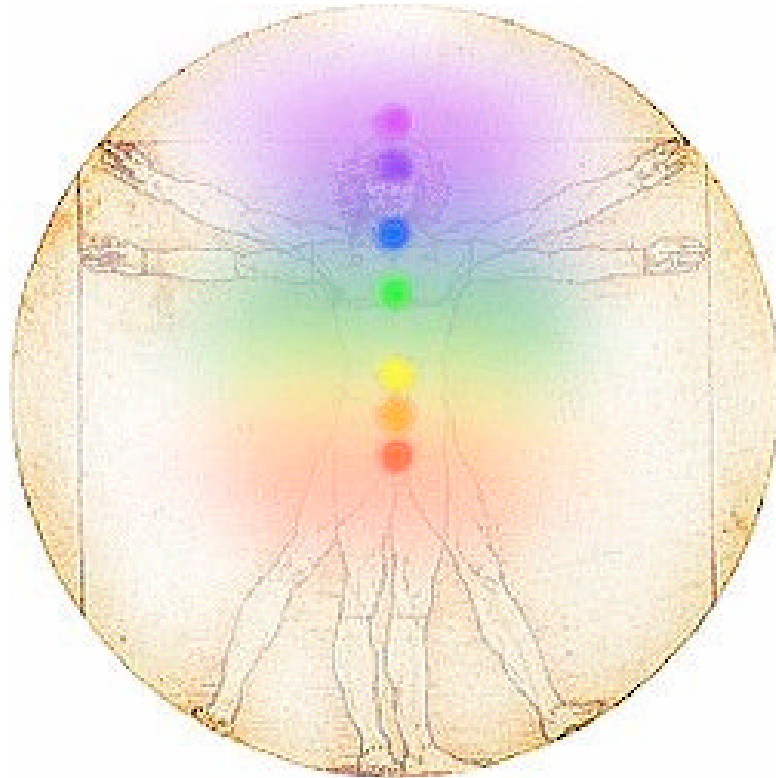
www.qissagebodysystems.org

靈氣 *REIKI NEWSLETTER* 靈氣

Winter Issue, Vol. 2

Usui Shiki Ryoho

December 2010



Just for today, do not worry.

Just for today, do not anger.

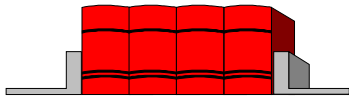
Just for today, honor your parents, teachers & elders.

Just for today, do your work honestly.

Just for today, show gratitude to every living thing.

CONTRIBUTING REIKI ARTICLES

BOOK REVIEW



Title: *Reiki: 200 Questions and Answers for Beginners*
Author: Lawrence Ellyard
Publisher: O Books
Copyright: 2006
ISBN: 1-905047-47-9
List price: \$24.95
Reviewer: J. B. Walker

If you've ever wondered what Reiki is all about, here is where all our questions and answers are located in one handy book.

It's a complete guide for beginners and seasoned practitioners. The chapters are categorized by topics. It is a one-stop guide that covers everything that you need to know about Reiki.

It has been written clearly, practical and comprehensive. It is interesting from cover to cover and serves as a fantastic resource when you need clarification as well as dispels any misconceptions about Reiki.

WHY I PRACTICE REIKI

by: Jonathan B. Walker, Sensei

I originally started helping others through traditional western medicine as a nurse back in the 1970s in California. I knew then that eastern health practices were available but not plentiful due to my lack of knowledge about them. I had witnessed some of the wonders of these arts prior to the 70s while serving my country abroad during the Vietnam conflict.

As I grew in western medicine, I came to discover that this approach to better health did not address the "whole" of a person's health care needs. It was and still is great for acute scenarios but chronic scenarios were lacking quality of care and in my opinion not being adequately addressed by western medicine alone.

As I pursued medicine, I grew to learn more about other types of medicine from all parts of the world. In that course of action, I came across

Taiji Quan as an art that offered a higher quality of life when practiced regularly. My experience with Taiji proved to open doors that explained much more about holistic arts than I expected. That is when I discovered many more alternative/complimentary practices and began another journey.

The most amazing and convincing thing about this journey is that I had many health care scenarios of my own that were personally addressed by these practices that could not be resolved by traditional western medicine practices that I had been using.

This, of course, peaked my interest to investigate beyond what I had already learned. That investigation lead me to study and practice QiGong, Reiki and Hypnotherapy. I found that these particular practices have a common denominator and are linked by it.

I was so impressed with the outcomes of these practices that I made it my personal business to learn them and become qualified to teach them to others who sought help in their lives.

My journeys took me through about 20-30 years of learning and obtaining the necessary requirements and qualifications to practice these therapies/modalities. I studied and practiced Reiki for 4 years before becoming qualified and capable of becoming a Reiki Master Teacher.

The good thing is that today I am capable of helping more people in a variety of manners to achieve their goals. That's a plus because everyone doesn't necessarily desire the same method of help but I may be able to help more people by offering more methods.

I guess I am kind of like a "General Practitioner" in western medicine from the "old days." They offered a quality practice that addressed a variety of health care needs without having the expense, trouble and delay of seeking a "specialist" to get to the root of a health care scenario.

Don't misunderstand, specialists are needed in both western and eastern medicine. I just decided to expand my knowledge to cover more modalities and reach more people with more practices.

It does, however, require more time and energy to do things as I am doing but eastern practices have a way of helping both the provider and the client at the same time. I like that nice little touch.

WANT A REIKI SESSION?



**Call for an appointment
(609) 518-9399
or
email: yangqichen@aol.com**



LEARN REIKI



Usui System of Natural Healing School of Reiki

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SCHOOL PRE-REGISTRATION FORM

Yes, I would like to pre-register for the upcoming Usui System of Natural Healing School of Reiki 2010 classes. Below, I have circled which class(es) I am interested in attending. I understand that there are prerequisites for classes above level II however, there are no prerequisites for the entry Level I.

I am interested in attending (*circle your choice*): **(Locations in South Jersey to be announced)*

Reiki Level I

Reiki Level II

***SPECIAL:** Reiki Level I & II

Reiki Level III (*ART*)

Reiki Master Practitioner

Reiki Master/Teacher

***SPECIAL:** Pre-register for Reiki Level I & Level II and receive a 10% discount (*\$25.00 value*) off the registration fee for Reiki Level III (*ART*) class. You will, also, be included on the mailing list for early notification of the Level III (*ART*) class and will be guaranteed a seat in that class!

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Cell (____) _____ email _____

My present Reiki certification level is: _____

I received this certification on (*date*): _____

I was trained under Reiki Master Teacher: _____

My teacher can be reached at (*phone, email, postal mail*): _____

I am remitting a one-time nonrefundable \$25.00 deposit TODAY to hold my seat in the next available class(es). I also understand that my deposit will be credited toward the cost of my class(es) and materials at the time of my full remittance for the selected class(es).

(*Your signature*)

(*Date*)

Remit Payment to: **QiSsage Body Systems, LLC**

Contact us: (609) 518-9399

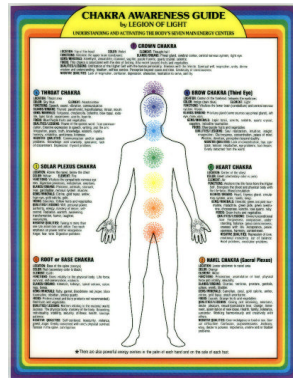
Send to: 3 Warwick Rd
Eastampton NJ 08060

Method of Payment (*fill in info*):

Cash _____ Check # _____ Money Order # _____

REIKI EQUIPMENT & SUPPLIES

CHAKRA AWARENESS GUIDE



A colorful coded, laminated, 8"x10" chart with all of the chakras listed anatomically around a human form and highlighted with the location, color, element, function, glands/organs, gems/minerals, foods, qualities/lessons and negative qualities for each chakra on one side. The reverse side contains additional information regarding the chakras and chakra activation techniques.

REIKI HAND POSITION CHART



A 25"x38" wall chart containing all of the hand positions used in treatment for self, others and 4 additional positions for alternative methods. Each position has a clear 3" illustration of every hand position including description and numbered accordingly.

REIKI TABLES



END PLATES



STOOLS



FACE CRESENTS



BOLSTERS



FOOT REST



TABLE SHEETS



*All supplies and equipment can be obtained through the school. For prices and ordering information, contact (609) 518-9399.